



167 - Brain Volume Normalization After 96 weeks of ART Started During Acute HIV Infection

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Disclosure: Dr Paul has no financial relationships with ineligible companies to disclose.



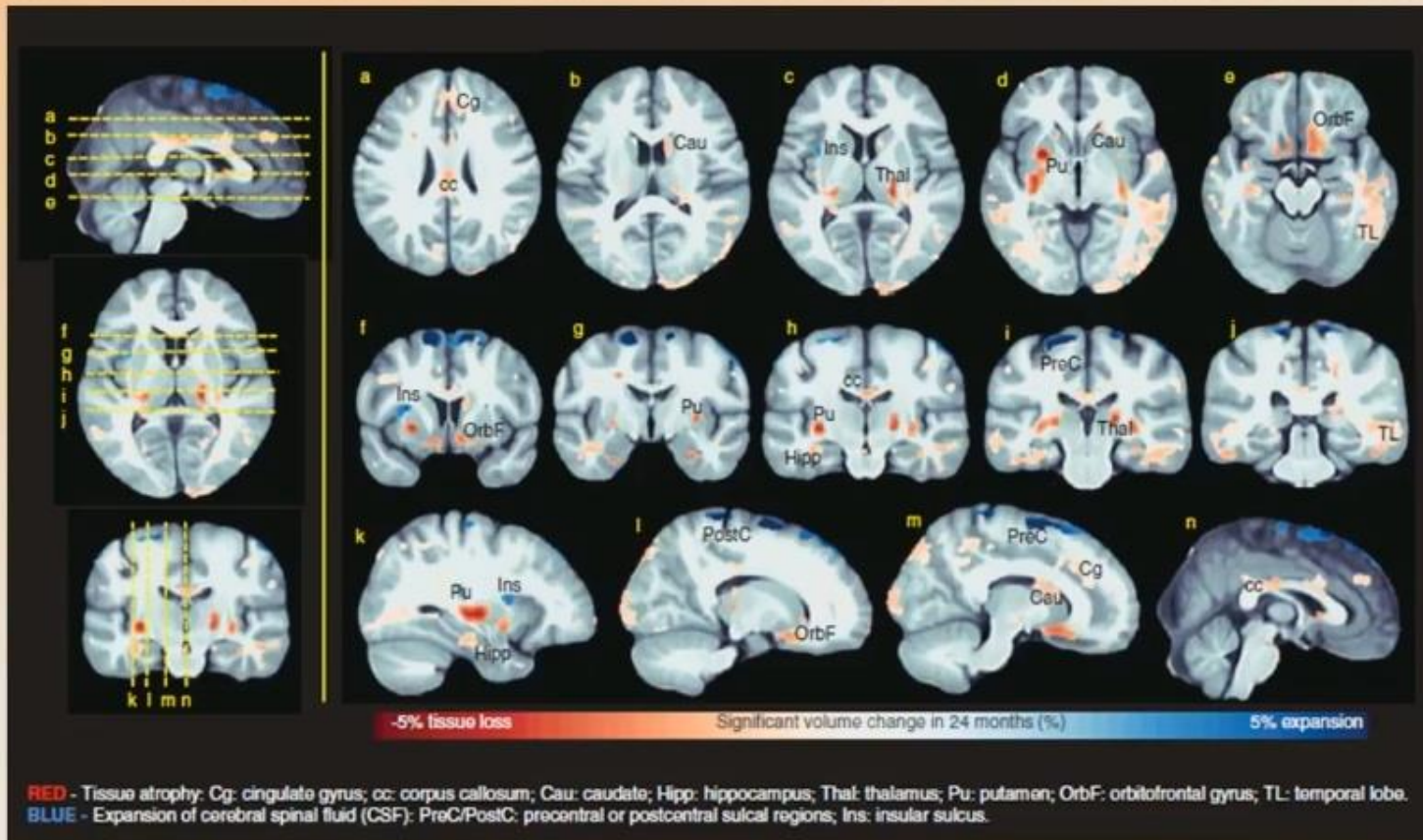
Authors and Affiliations

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Background

- Published findings from RV254/SEARCH 010 revealed atrophy in the putamen, caudate, and thalamus after 96 weeks of ART initiated during acute HIV infection (AHI)
Kallianpur et al. AIDS, 2020

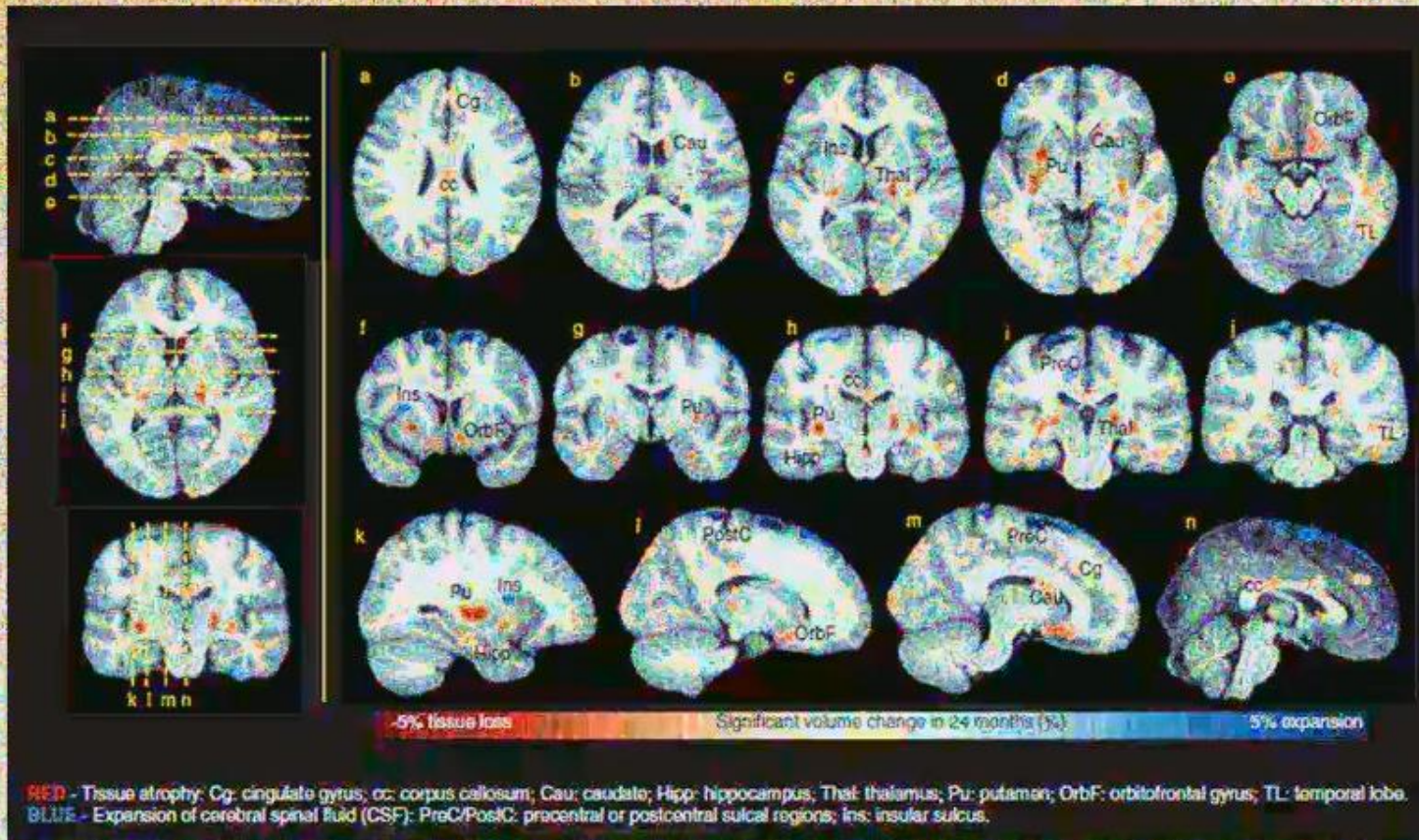


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Density of PSGL-1-expressing inflammatory (CD14+CD16+) monocytes correlated with putamen atrophy.

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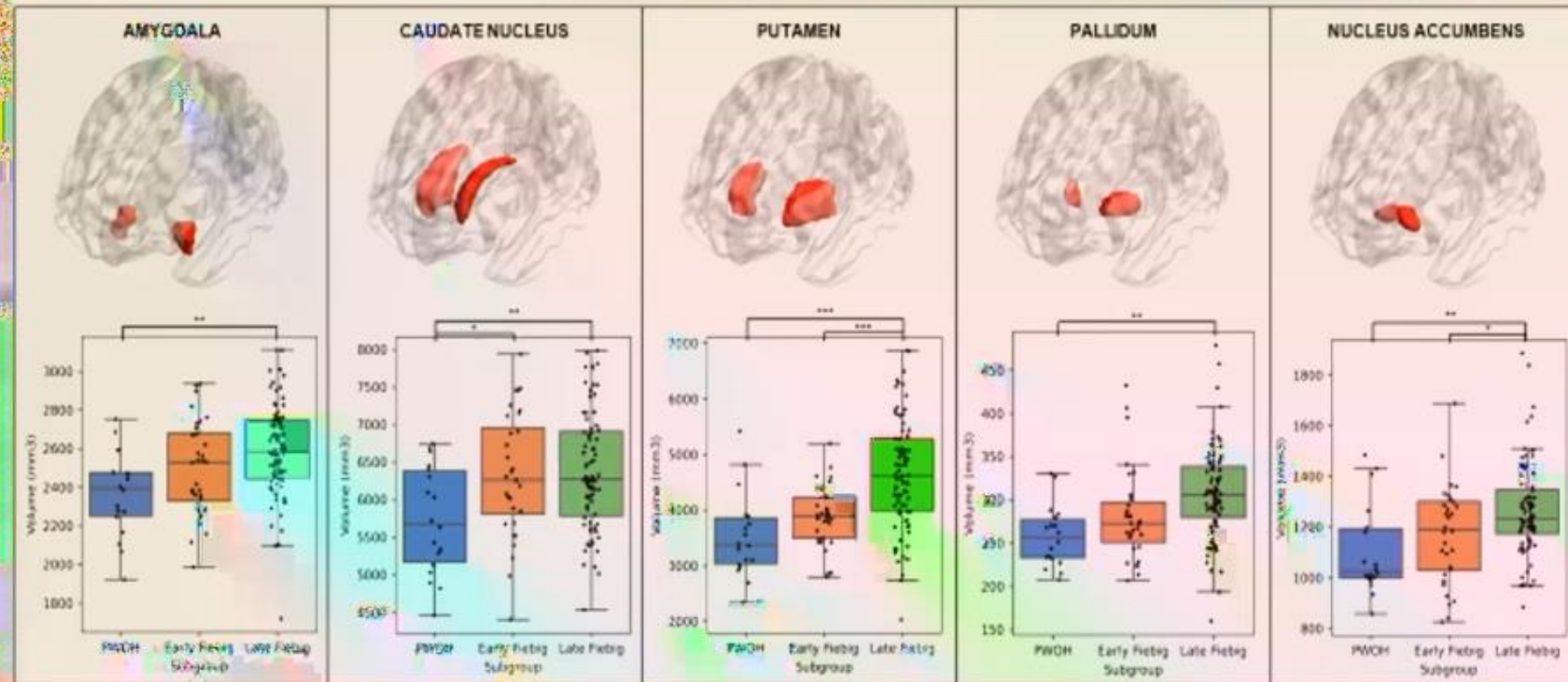


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- No comparison group
- Inconsistent with better cognition after ART initiated during AHI.

- Follow-up study revealed larger regional brain volumes during later Fiebig (III-V) compared to early Fiebig (I-II). **Bolzenius et al., 2023**



Present analysis: Determine if brain volumes normalize or atrophy after ART when compared to demographically similar people without HIV.



Methods

- 3T MRI at week 0 (time of enrollment into RV254) and after 96 weeks of viral control following ART initiated during AHI.
- Volumes were quantified using voxel-based morphometry of 170 ROIs summed across hemispheres.
- Repeated measures compared volumes within and between groups. We also examined associations between brain volumes with indices of mood and cognition at each time point as well as change over time.

Results

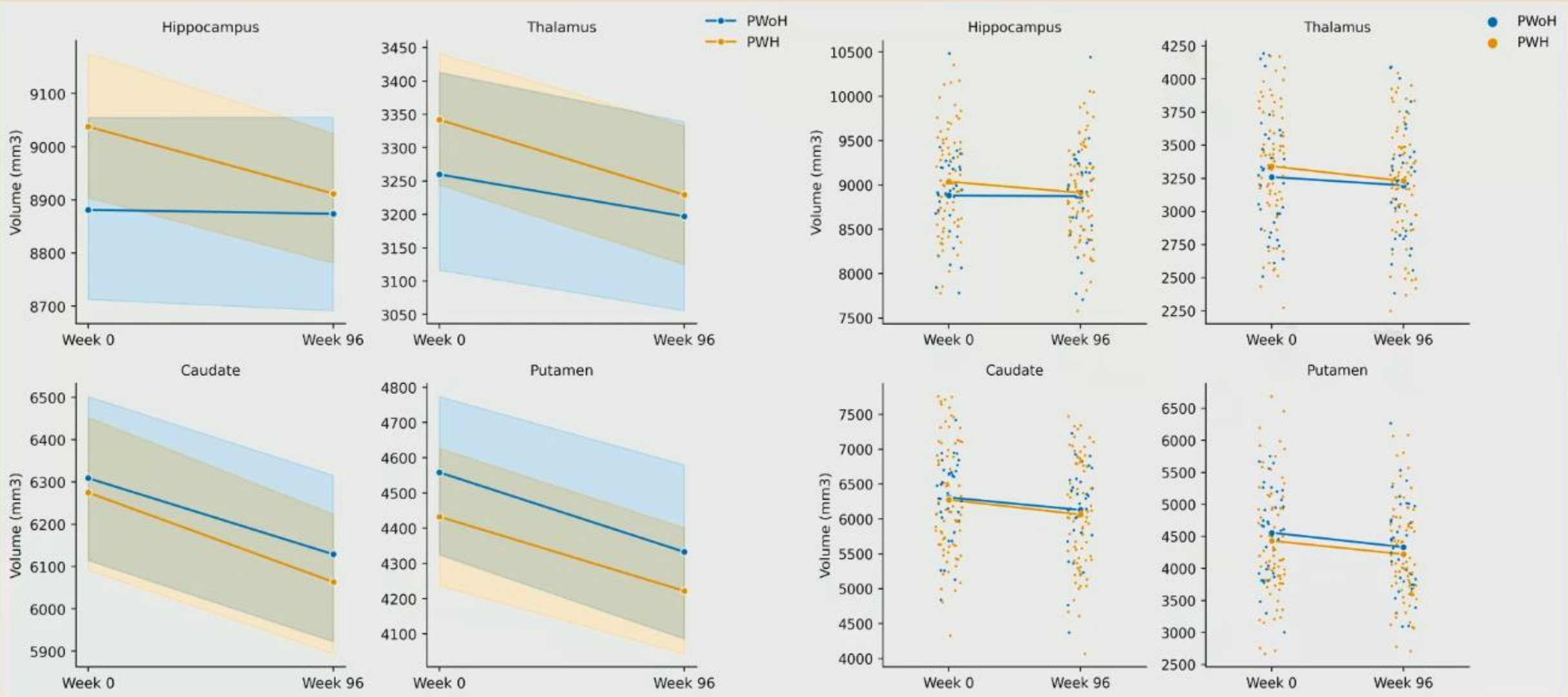
N = 109	PWH (n=74)	PWoH (n=35)
Age; M (SD)	28.82 (7.65)	28.91 (5.97)
Education; n (%)		
Secondary school or less	4 (6.3%)	0 (0%)
High school/technical school	20 (21.2%)	6 (19.4%)
Bachelor's degree or higher	40 (62.5%)	25 (80.6%)
Baseline viral load, log ₁₀ ; Median [IQR]	6.13 [5.43-6.79]	n/a
Baseline CD4 count; Median [IQR]	344 [246-477]	713 [600-924]
Baseline CD8 count; Median [IQR]	610 [341-879]	656 [537-844]
Fiebig I-II; n (%)	25 (33.8%)	n/a
Fiebig III-V; n (%)	49 (66.2%)	n/a
“Chem Sex”; n (%)	18 (24.3%)	n/a
PHQ-9; M (SD)	8.53 (4.88)	0.26 (0.85)

Change in brain volumes by serostatus

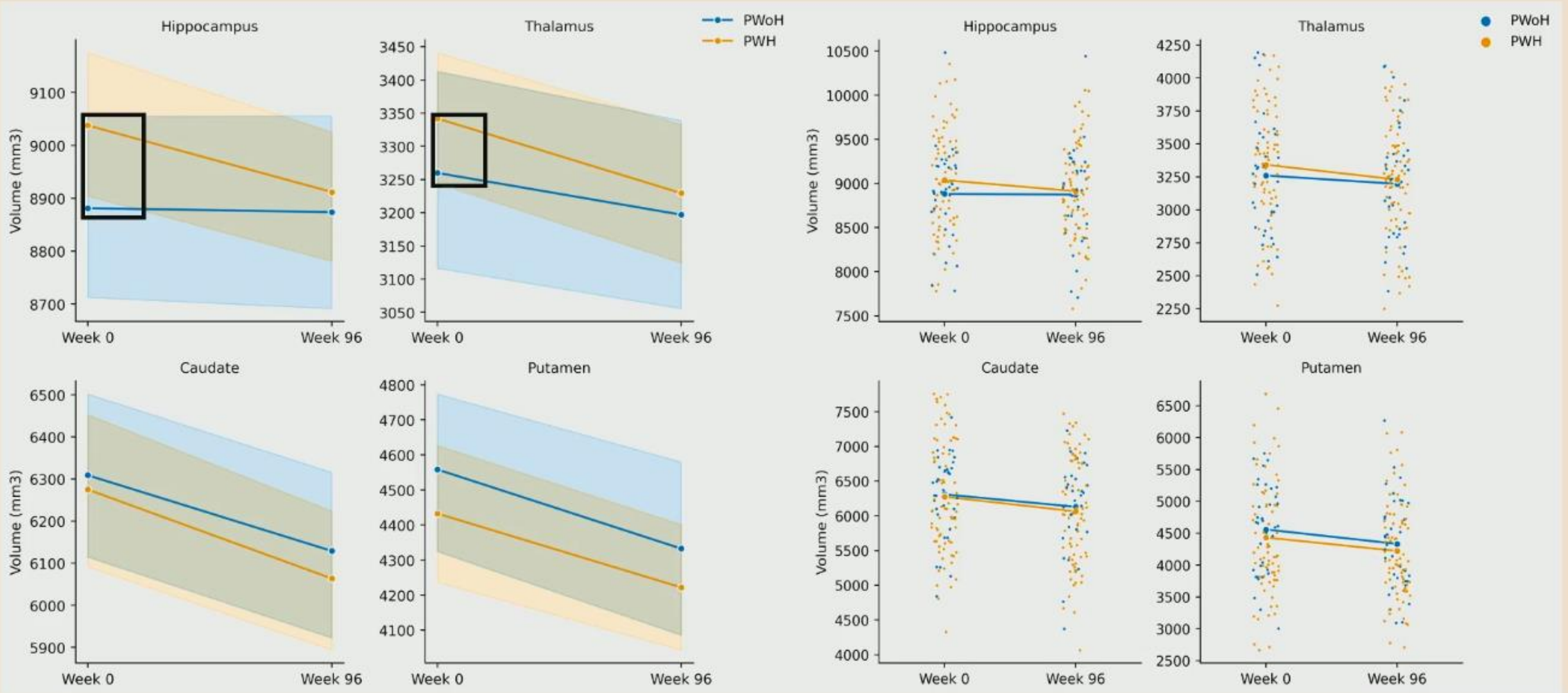
Region	PWH (n=74)	PWH Δ	PWoH (n=35)	PWoH Δ	Serostatus over time
Caudate	-211.2 (361.3)	<.001	-179.8 (226.0)	<.001	.740
Putamen	-210.9 (622.5)	.005	-225.8 (387.1)	.002	.449
Pallidum	-7.5 (34.4)	.068	-7.9 (31.0)	.141	.942
Hippocampus	-125.8 (200.1)	<.001	-7.4 (172.5)	.802	.388
Amygdala	+26.2 (134.8)	.099	-31.7 (98.0)	.064	.073
Thalamus	-112.4 (176.0)	<.001	-62.9 (130.5)	.007	.524
Nucleus Accumbens	-2.9 (125.9)	.844	-41.5 (94.9)	.014	.248

Values represent change (i.e., negative number=decrease, positive number=increase). Volume in mm³.

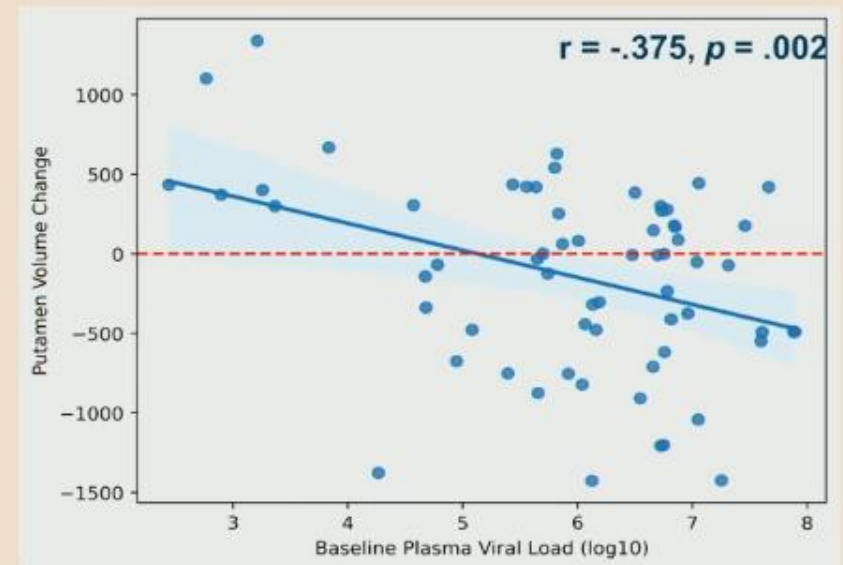
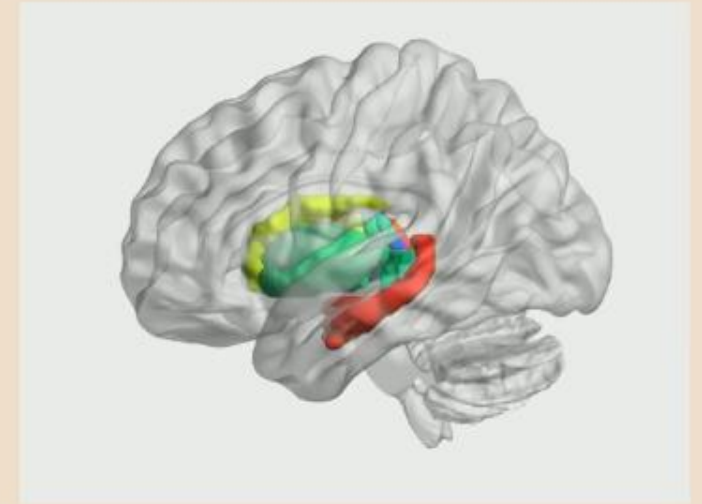
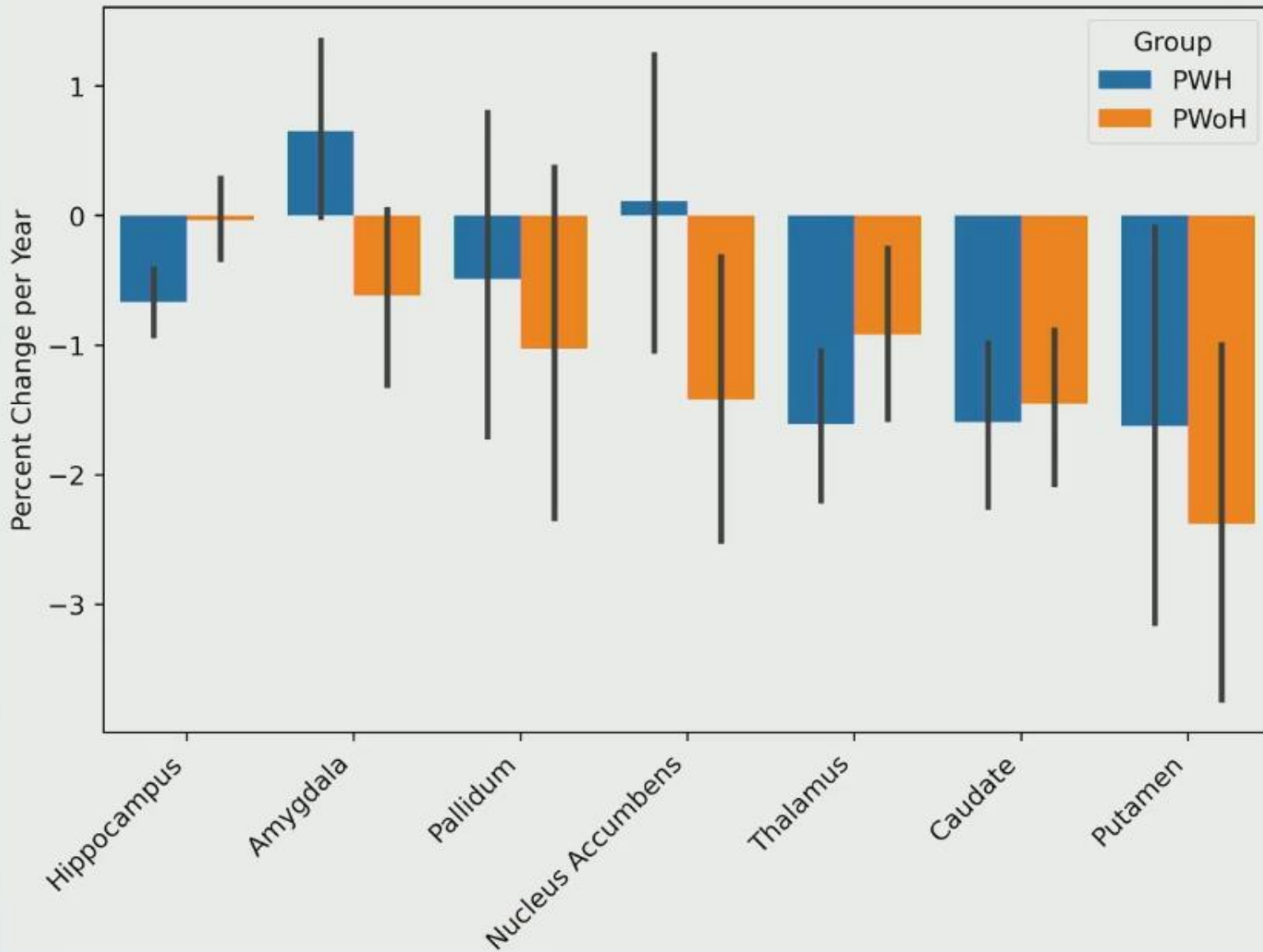
Brain volume slopes by serostatus



Brain volume slopes by serostatus



Percent Change by Serostatus





Discussion

- No evidence of progressive brain atrophy over 96 weeks of ART initiated during acute HIV.
- Hypertrophy in brain regions during AHI “normalize” after ART, possibly reflecting resolution of early inflammatory processes prior to treatment onset.
- Normalization of brain hypertrophy (i.e., “pseudotrophy”) after treatment is observed in other neurologic conditions such as multiple sclerosis (Vidal-Jordana et al. 2013., De Stefano et al., 2015, Cortes et al., 2023., Nakamura et al., 2024) and Alzheimer’s disease (Belder et al. 2024).
- Analyses are ongoing to identify associations with HIV immune markers and clinical outcomes before and after ART initiated during acute infection.